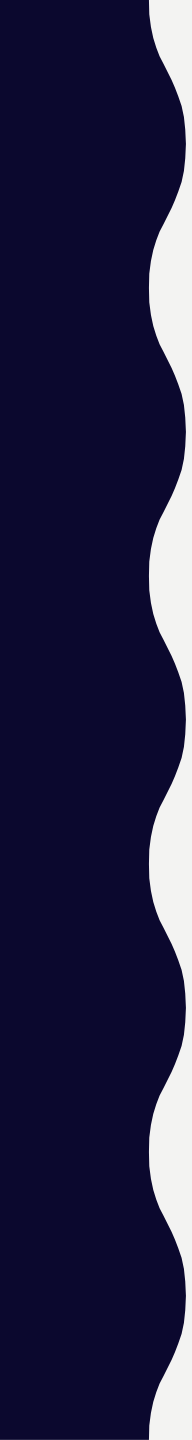




FACS CLASSROOM ACTIVITIES



MELODY WEATHERFORD, CNWE
WREN HIGH SCHOOL, PIEDMONT, SC
2017 AAFCS T.O.Y. MERIT FINALIST
2016 SCAFCS TEACHER OF THE YEAR

FOODS & NUTRITION

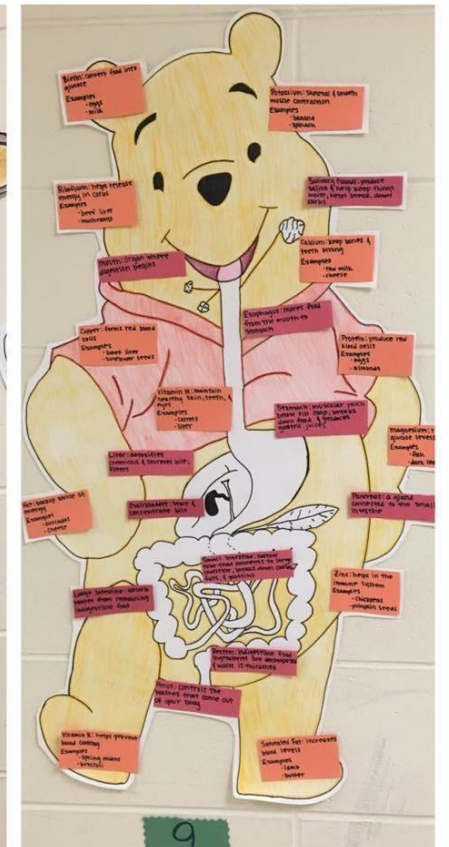
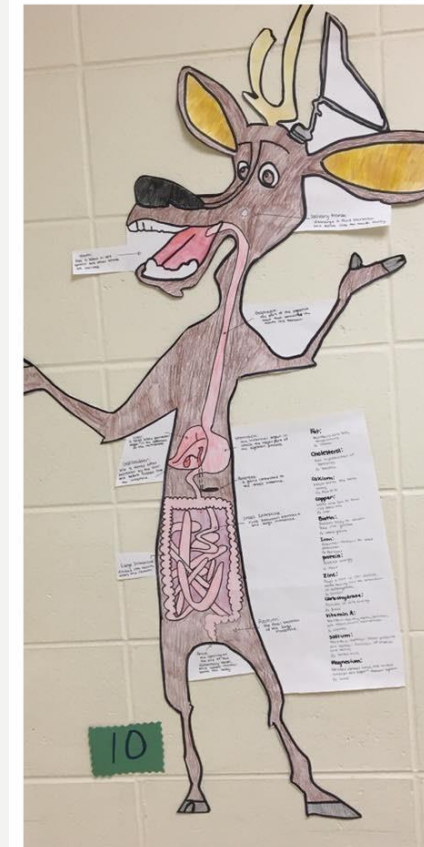
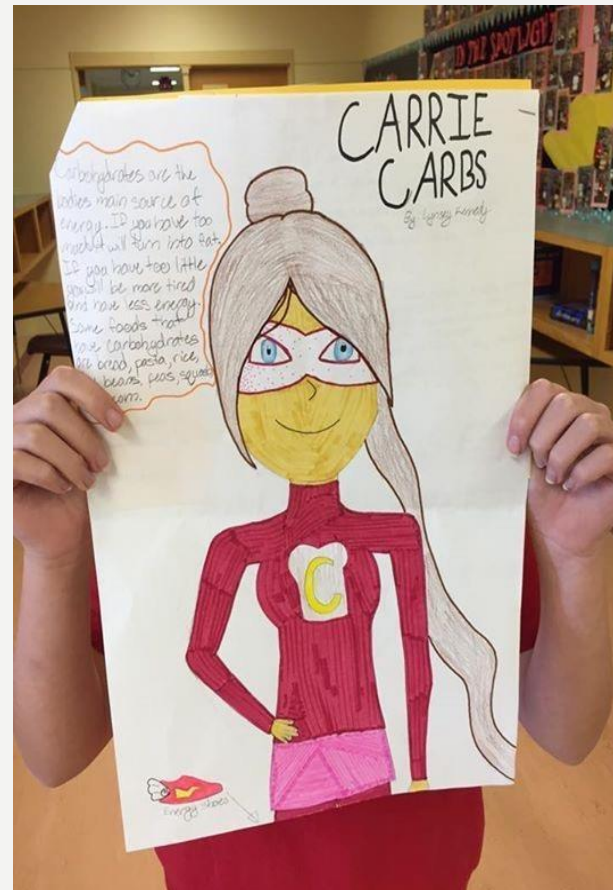
Food Truck Wars

Wheel of Unfortune



Nutrient Superheroes

Nutrient Bodies



MINUTE TO WIN IT GAMES



MYPLATE STYLE

Cuts of Beef with Sidewalk Chalk or Shaving Cream

Postcards about food from the country they are “visiting”

Restaurant Shark Tank Project

Cupcake Wars or Burger Wars



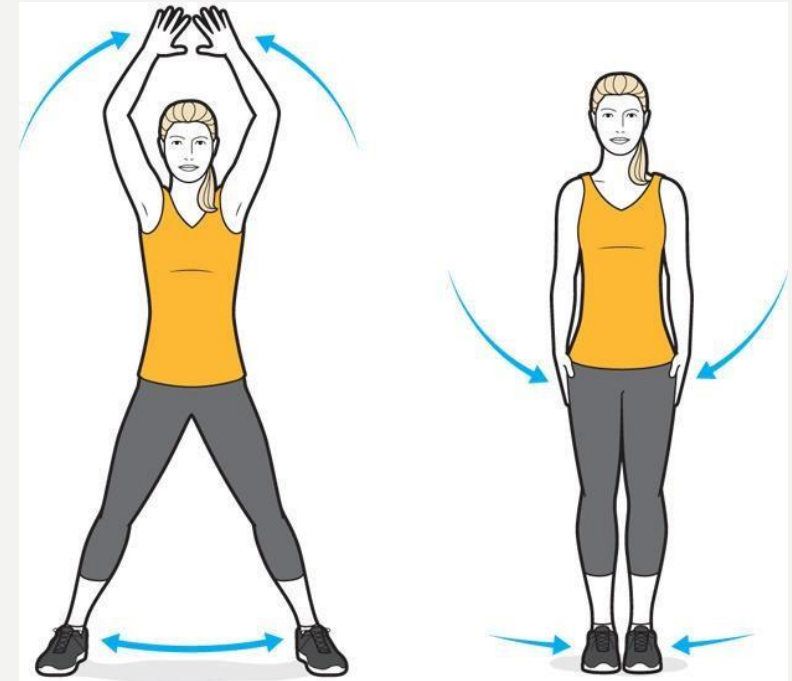


FITNESS SCAVENGER HUNT

Around the room you will see different exercises.

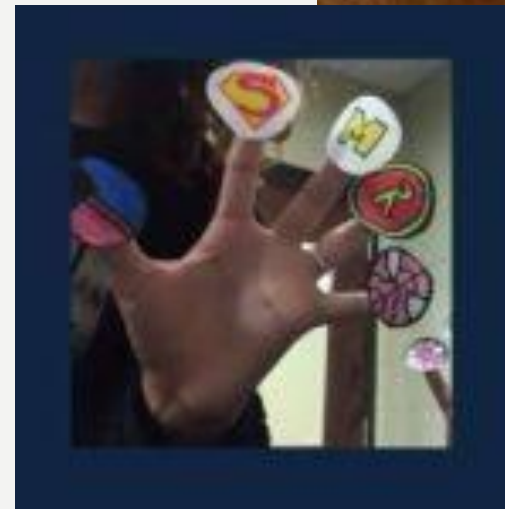
You are to complete 3 of them before I call time.

- My students would be required to take a photo or video to prove they did it and then create a pic collage to turn in.
- Then I post their pic collages in the hall to promote our class.



CHILD DEVELOPMENT/PARENTHOOD

- Pregnancy Towers—Month by Month
- Nursery Rhyme Finger Play Project
- Child Development Theorists
Acrostic Poem
- Child Development Theorists
Baseball Cards
- Autism character on Sesame Street



HOUSING & INTERIOR DESIGN

- Tin Can Houses
- Tiny House Shoeboxe
- Edible Color Wheels – use vanilla wafer & frosting w/colors
- If the Chair Fits Challenge



AREA, PERIMETER, & GEOMETRY



PROJECT BASED LEARNING

FASHION & SEWING

- Body Shapes & Redesigning Barbie Project
 - This lesson and project is not about which body shape is best, but about the diversity in body shapes that exists and the beauty in all of them. This lesson and project look at the various body shapes and has students designing their own realistic version of Barbie complete with outfit just like Mattel did.
- Runway Recycle/Refashion Project
 - Fill three suitcases with consignment items and put students in project groups. Groups choose a suitcase and refashion a garment out of the items in the suitcase.



- Fashion Window Display
- Quiz on parts of the sewing machine:
- [Quiz](#)
- NICU Halloween Costume Project



FAMILY LIFE OR PERSONAL FINANCE

- Family Cell Phone Plan Problem Solving Project
- Dorm Shopping Project



ANY COURSE...

- Vocabulary Heads Up Game
- Breakout Box
- Finish Early Tic Tac Toe
- Character Pop Up (Chef, Theorists, Designer, etc.)
- Table Tents for the School Cafeteria
- Webquests- food safety, grains, etiquette

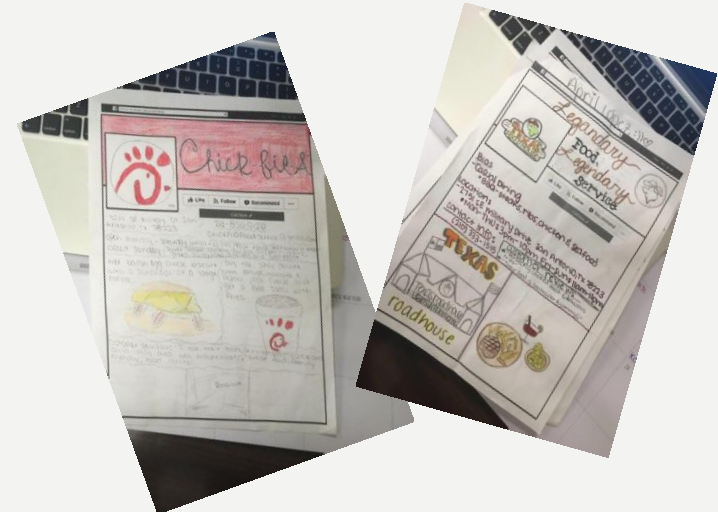




**USING PLAYDOUGH- KNIFE CUTS, KNEADING DOUGH,
REPRODUCTIVE SYSTEMS**

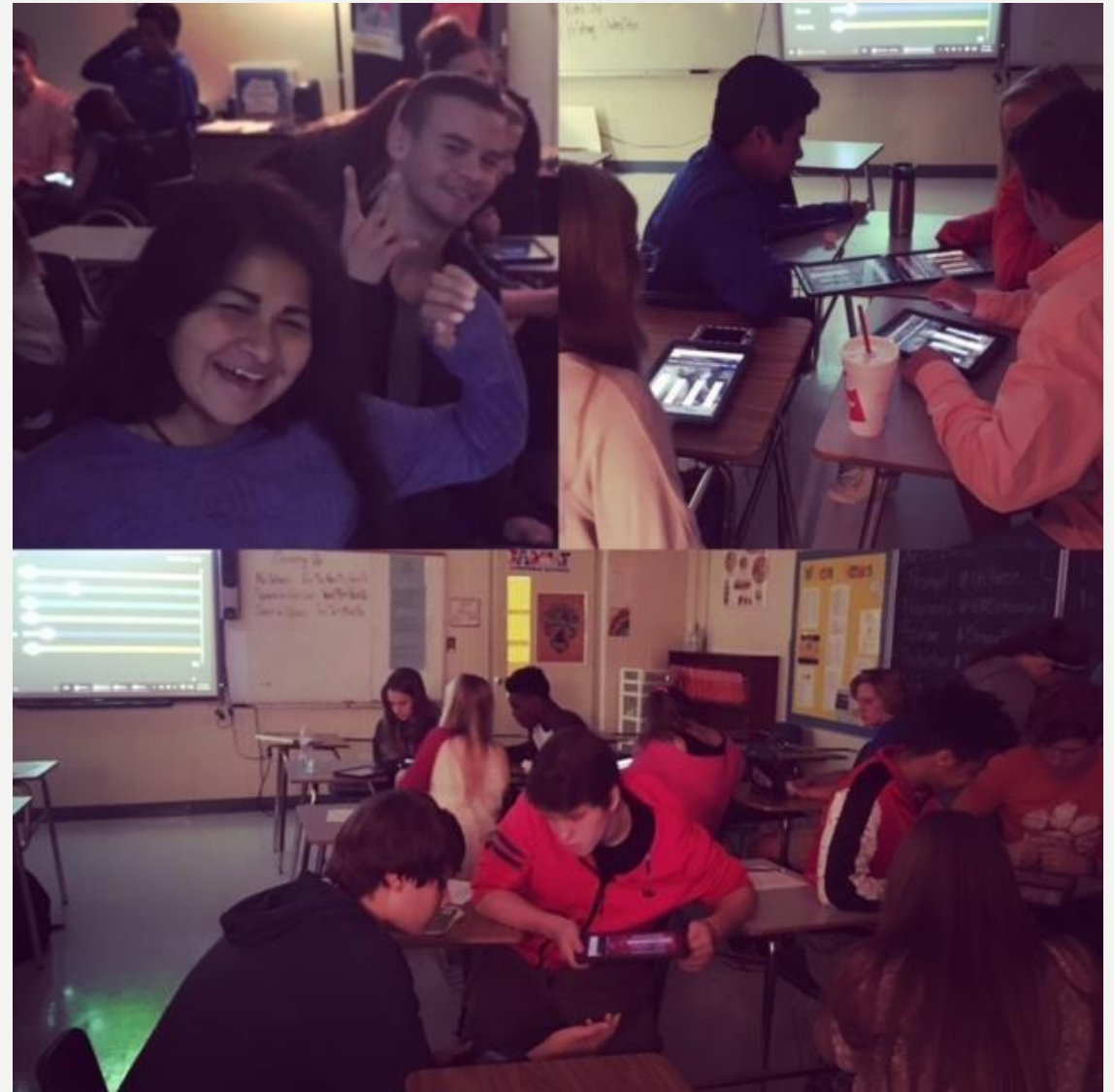


**TERM POSTER WITH
QR CODE
GALLERY WALK
FACEBOOK PROFILE-
RESTAURANT, DESIGNER,
THEORIST, ETC.**



MY FAVORITE TECHNOLOGY APPS...

- Pic Collage- Eat this, Not that
- Quizlet, Quizalize, Quizizz
- Kahoot
- ToonTastic- safety cartoons
- Popplet- graphic organizers
- Showbie
- Google Classroom
- iMovie
- Animoto



RESOURCES

- www.familyconsumersciences.com
- Family & Consumer Sciences Teacher Facebook page
- FACS web list of resources
- Pinterest
- http://www.g-w.com/pdf/fb/nutrition_labels_lesson.pdf
- www.youthlinc.org
- Teachers pay Teachers



PRIZES

- Students of all ages loves Prizes!
- So please take some of the stickers, bookmarks and tattoos on your tables.
- Follow us on Instagram @wrenfacs
- Thank you so much for having me!

