Family & Consumer Sciences: Integrity Comes Through Diversity

By: Nicholas Zimmerman, CFCS
Family and Consumer Science Teacher
About Me:

- FCS: Started in 8th Grade
- FCCLA State Officer 10th Grade Year, 2012-13
- Bridgewater College, B.S. Class of 2017
- Ball State University, M.A. Class of 2019
Yes, Home Economics Still Exists – But It’s Called Consumer Sciences Now
Family Structure:

- Family
  - A man and woman that are married. They typically have 1-2 children, all live under the same roof and love each other.
- Traditional Family or Nuclear Family

- How does your family function as a Nuclear Family?
- Truly the best family type based on research.
- High Warmth and High Control Authoritative Parenting.
  - Displays of Warmth
    - Hugs, High-Fives, etc.
    - Daily Questions
  - Displays of Control
    - Consequences like time-outs, removal of items from life like cell-phones.
    - Boundaries like curfews.
Family Theory & Diversity...

**Bronfenbrenner’s Ecological Systems Theory**

- **Chronosystem**: Changes Over Time
- ** Macrosystem**: Social and Cultural Values
- **Exosystem**: Indirect Environment
- **Mesosystem**: Connections
- **Microsystem**: Immediate Environment

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**Table 1: Parenting Typologies**

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<th>High Responsiveness</th>
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Dr. Donna Hoskins, Bridgewater College

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**Maslow's hierarchy of needs**

- **Self-actualization**: desire to become the most that one can be
- **Esteem**: respect, self-esteem, status, recognition, strength, freedom
- **Love and belonging**: friendship, intimacy, family, sense of connection
- **Safety needs**: personal security, employment, resources, health, property
- **Physiological needs**: air, water, food, shelter, sleep, clothing, reproduction

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https://www.simplypsychology.org/maslow.html
Diversity & Integrity

- **Diversity Defined (Merriam-Webster):** The Inclusion of different types of people in a group or organization.

- **Diversity Defined (Zimmerman):** Recognizing that personal & professional views of people may not align, while ultimately seeking to understand another person and their space.

- **Integrity Defined (Merriam-Webster):** The quality or state of being complete or undivided.

- **Integrity Defined (Zimmerman):** Understanding/Engaging in the FCS profession with unwavering passion.
# Personal Vs. Professional Beliefs

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<td>1</td>
<td>This includes what you think about the world/work based off of personal experiences/ideology.</td>
<td>This includes what you think about the world/work based off of practice/research.</td>
<td>The two may influence each other but should not determine each other.</td>
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Harrisonburg High School

Fall Membership by Subgroups

2019 Fall Membership By Subgroup: Racial and Ethnic Groups

- 48.5%
- 32.6%
- 11.7%

Legend:
- Black
- Hispanic
- White
- Asian
- Two or more races
- American Indian
- Native Hawaiian
Peter Muhlenberg Middle School

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- **CHILD**

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Reflective Practice Questions:

What will diversity/integrity mean in my job?

What can I do differently?

What makes me a diverse person, with integrity as a FCS professional?
“For 45 minutes a day, I get to care about you more than you care about yourself!”