AAFCS
AMERICAN ASSOCIATION OF FAMILY & CONSUMER SCIENCES
SOUTH CAROLINA AFFILIATE

SCAFCS Newsletter

Self-Care and the FCS Professional

Submitted by Dr. Eleanor Glover Gladney
Summary of Virtual Conference Presentation by Dr. Katrina Maxwell
(katrina.maxwell@saintleo.edu)

Self-care is not self-indulgence but self-preservation. We experience setting a rule for someone else's life or setting a rule for ourselves.

Expectations

Expectations contribute tremendously to how we care for ourselves. Oxford Languages (2022) defines expectations as "what someone will or should achieve." Shakespeare stated that expectation is the root of all heartache. Expectations evolve around what should we do (or not do) – e.g. Perfection, must say "yes," because we don't want to disappoint. "I achieve when I am important, when people will like me, if I need . . . . " Unmet expectations cause stress. It is important to set realistic expectations – know your values, evaluate your expectations, and recognize your fears. Since unrealistic expectations are born from fear, explore your "not good enough story," and identify the most realistic takeaway.

Flexibility

You are good enough! Build in flexibility because things don't always go as planned. Get rid of unhealthy thinking. Change is difficult for everyone! When we have to change something it creates a scary feeling for us. Try coping strategies. Inflexibility is the biggest stressor. We are not obligated to live up to someone else's expectations nor they to live up to ours.

Readjust

Boundaries are excellent things. Help yourself first – self care is vital. Readjust, reassess, and set more realistic expectations for yourself. Mental health is connected to physical health. We tend to acknowledge physical health and not mental health. Taking time to do things that help you live well improves the physical and mental self. Do something that works for you. Positive thoughts shape what we are going to do or not going to do. We must have a better perspective.

Self-care strategies include focusing on self. "Focus on me" includes what helps us to relax and enjoy our lives such as – sporting activities, leisure, spending time with people you enjoy doing things you enjoy, take a nap, and make sleep a priority, let go of guilt, meditate, exercise, set realistic expectations, practice gratitude. Key elements of self-care are taking time to do it and engaging in things (activities) to help promote wellness (physical and mental).

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Message from the President

Jean Pesce, SCAFCS President

Passing the Leadership Baton

In preparing to pass the leadership of SCAFCS into the experienced and capable hands of my successor, Sophia Brown, there are a few words I will leave with all of you. There is no better reward for public service than bringing the ideas of many people into harmonious reality. It has been my great privilege to develop professionally by working with so many experienced individuals and others new to our field of Family and Consumer Sciences.

However, I have also noticed many on the sidelines who are talented and gifted in diverse areas that would truly enrich our organization through their unique additions. In the words of another president, I urge every member to determine "not what our [organization] can do for them, but what they can do for our [organization]". All styles of leadership can be embraced for the flavor they can add to "spice up" our traditional practices. Some suggestions to consider for your attention in the future are:

1. Develop a strong media presence - "Social media presence refers to the visibility a brand has on social media platforms and the connection it builds with its community. The stronger your presence, the more trust you can build with your audience before developing a direct relationship beyond this marketing channel." (from 21 Ways To Build Your Social Media Presence, Like HubSpot Marketers) For those who don't think we are akin to a business that needs to recruit clients, consider all the folding FCS programs and affiliates across the country and think again.
2. Join and participate in professional organizations like ours and others with which you have common interests. These will not only up your career knowledge, they will inspire you personally from the limitless networking opportunities. Two upcoming events are the 2022 AAFCS National Expo Conference (https://www.aafcs.org/ac2022/home) in Orlando, FL, and the SC Education and Business Summit (https://ebsummit.info/) at the Greenville Convention Center, Greenville, June 27-30, 2022 - your connection to the national Association for Career and Technical Education through the state and national divisions specifically for FCS. To connect with the larger international community consider attending the International Federation of Home Economics (IFHE) XXIV World Congress at the convenient Atlanta location of this every fourth year event September 6-10, 2022.
3. Consider starting with a less demanding commitment like: working with the By-laws Committee (Dorothy Blanton, Anna Turner, Lorna Williams) to learn how changes are made democratically; working with the Annual Conference committee (contact Kimberly Myers) on preparing details or compiling data; or perhaps you have a project to suggest in which others may be interested.
4. Find ways to support our pre-professionals - they are our future, in so many ways. Surely, these efforts will be mutually beneficial.

One last note: we all have a unique style formed from our experiences. It is through this very rich diversity that our organization, and country, will not only survive but excel in the science and art of living well in our complex world. Be sure to try on some new hats but always wear your most comfortable ones with confidence and pride.

With gratitude for your vote of confidence over the past two years,
Jean Pesce, SCAFCS President

Computing FaCtS!

Submitted by Dr. Eleanor Glover Gladney

Dominick Sanders, Computer Science State Supervisor at the SC Department of Education, presented the **Computing FaCtS** workshop for the SCAFCS Preconference Session. His objective was "to help foster better communication with stakeholders." The session was attended by approximately 25 FCS teachers, FCS professionals, FCS postsecondary students, and FCS postsecondary instructors. Participants had an opportunity to build a website in one day.

After giving a brief overview of the session, Mr. Sanders asked the participants to plan their site by brainstorming ideas, sketching out the page setup, deciding on the number of columns, column width, and the number of sections in each column. He provided step-by-step procedures, as he explained and gave examples. To begin creating personal sites, participants signed into their Google Account and followed steps to create a new Google Site. As participants progressed through each step, they received more directions to build their Google site. Themes were selected and different parts of the site were named. Options were provided to personalize the site with selected images, headers, how to add desired content such as about, directory, calendar, gallery, etc. Directions were given to add and reorder pages, select font sizes and styles, customize site navigation, insert objects/ applications such as text boxes, images, embedded URLs, options to upload information components, embedded google drives, teacher or student-created YouTube videos, calendars, maps, and google docs. Explanations were provided on how sections can be edited and previewed to finalize the site. After the site is completed, and each participant is satisfied with the appearance and content, directions were provided on how to publish the site and share with various audiences.

The participants expressed gratitude to Mr. Sanders for the presentation and provided comments in the chat such as "awesome workshop", "thank you for this very informative workshop", and "thank you for this very productive interactive session."

NOTE: A hearty "thank you" is also extended to Dr. Eleanor Glover Gladney for her wise selections of preconference sessions that promote novel and needed FCS professional development each year.

Policy Influences in FCS

Submitted by Kimberly Myers, VP Program Elect

Mr. Ford opened the presentation by asking the question, "Why do we advocate?" After a brief discussion, he explained that people are advocates for issues that are important to them individually and/or interest groups. However, in order for change to take place, the process and being a part of the process prompts positive change. Our elected officials need to hear from their constituents. Voting is the best way to communicate one's position, interests, and concerns. The session was very informative because Mr. Ford opened most of the session up for question and answer. During the session, questions were raised about the process of how to propose a bill to critical race theory in South Carolina. In conclusion, he explained the best way would be to conduct an in-person meeting with an elected official. Some of the points of interest included:

1. Be respectful
2. Have one person communicate with the office
3. Follow up and confirm the meeting

NOTICE: How to Access the AAFCS Journal!

The Journal of Family and Consumer Sciences is now online only. Access the journal by creating an Ingenta account. For steps to create an account, go to https://www.ingentaconnect.com/register/personal. Once you are logged into Ingenta you will be able to find the JFCS by searching the publications and our name or the journals name. Go to https://www.aafcs.org/resources/publications-products/journal-consumer-sciences **Notices of Journal publications are announced in the member emails AAFCEMatters!**

SCAFCS 2022 Awards

Avannah Lewis, Recognition and Awards

Two outstanding members of SCAFCS were recognized at the virtual annual conference on February 19, 2022.

Barbara "Barbie" Beadles – Teacher of the Year

SCAFCS proudly names Barbie Beadles the 2022 Teacher of the Year. Barbie Beadles teaches Child Development and Family Life at Wren High School in Piedmont, SC. She formerly taught Early Childhood Education in Greenville County. Since joining Wren High School she has restarted the child development program and next year will be opening the child development center. She also has restarted the FCCLA chapter at Wren High School and had two state officers in their first year. Mrs. Beadles is a dedicated, creative and engaging teacher that is always looking for new ways to make her classes fun and meaningful. One of her favorite activities is the clay pot families that she does with her family life classes. Students really remember and are impacted by it. Mrs. Beadles will now move on to represent SCAFCS at the AAFCS Teacher of the Year competition next year.

Patricia Singer Hulehan – Friend of the Family

A former department head of the Apparel, Textile, and Design (now known as the Fashion Design) program at Bob Jones University, retirement has been a time of being a Samaritan Sew-er. Tricia has been sewing for the NICU of hospitals (preemie caps, packets, etc.), surgical caps for children and teens, Dress a Girl Around the World, Little Dresses for Africa, Days for Girls pad kits, pjs for women's center, and Operation Christmas doll clothes. Her stellar work and can-do spirit have been of help to communities in Greenville, SC, and the world.

Get the Facts When You're Hacked: SCAM Red Flags

Submitted by Glenna Mason, VP Finance

At our SCACFS Annual Conference, Mr. Cedric Wright from the SC Department of Consumer Affairs presented information about scammers. He shared lots of valuable tips to avoid fraud.

Here are the most common signs of a scam.

Be wary if someone:

- Asks you to verify personal identifying information
- Asks you to wire transfer money or purchase a prepaid/reloadable debit card and give them the number of the card
- Sends you a check asking you to cash it and wire or send money somewhere
- Poses as a local, state, or send money somewhere
- Poses as a local, state, or federal law enforcement officer. They may also pose as other government officials.
- Scares you with threats of garnishment
- Makes you think their "offer" is time sensitive. "ACT Now, or you won't get this great deal!"

Other Scams:

- Phishing – an email scam claiming to be from a business. Legitimate companies don't ask for personal information vis e-mail and text message.
- Tech Support Scams – don't give control of your computer to a third party who calls you out of the blue.
- Caller ID Spoofing – The caller ID contains all zeros, too may numbers, or is blank.
- Lottery/Sweepstakes – Legitimate lotteries and sweepstakes will not ask you to pay a fee to collect your winnings.
- Fake Debit Collectors – The scammer threats that you will be arrested if you don't pay.

Free downloadable publication "Ditch the Pitch"
https://consumer.sc.gov/sites/consumer/files/Documents/Identity%20Theft/Ditch_The_Pitch.pdf

Award for Service Also Bestowed

South Carolin Alternative Certification Programs

SC Alternative Certification Programs

Submitted by Sophia Brown, VP Program Chairman

There are four alternative certification programs available for individuals interested in entering the education profession in South Carolina. Each alternative route certification program has a unique set of procedures, both for enrollment and certification eligibility: Program of Alternative Certification for Educators (PACE), American Board, Teach for America (TFA), Teachers of Tomorrow (TOT). Candidates receive full pay and benefits during the time they are working on the certification process. A brief summary and eligibility requirements are provided. Click on the hyperlinked titles of each program to get additional information.

Program of Alternative Certification for Educators (PACE) program is run by the South Carolina Department of Education (SCDE). The program was developed to provide individuals with degrees, who do not meet certification requirements, to gain employment in the public school focusing on specific subject areas. To qualify to participate in the PACE program, the following minimum requirements must be met:

- Did not student teach in a traditional teacher prep program;
- Conferred Bachelor's degree with major or equivalency that matches eligible certification field(s);
- Passing score on appro ETS Praxis II Subject Assessment;
- Current all-clear FBI/SLED background check; and
- Individuals who have participated in, but not completed, other alternative certification routes in South Carolina may not be eligible for participation in PACE. If you have participated in another alternative program recognized in SC; please contact the Office of Alternative Certification prior to initiating the application process for PACE.

Contact Information: 803-896-0325, option 2
Office of Educator Services Call Center Hours
MWF: 12:30 to 4:30 p.m.; TTh: 9:00 a.m. to 1:00 p.m.

American Board Program

The America Board is a non-partisan non-profit 501(c)3 organization established by the United States Department of Education. To qualify to participate in the American Board Program participants must meet the following eligibility requirements:

- Successfully complete the American Board certification process,
- Complete all ABCTE requirements and achieve passing scores on the required American Board examination(s),
- Submit a completed South Carolina Certification Application,
- Submit the non-refundable $105 Processing Fee online through the CATS Portal,
- Submit Official Copies of all college/university transcripts to the South Carolina Department of Education | Office of Educator Services, and
- Complete Fingerprinting Process & Criminal Records Review.

Contact Information: Phone 1-877-669-2228,
Email info@americanboard.org, or
Website
https://www.americanboard.org

Teach for America (TFA)

Teach for America is designed to bring our nation's most promising future leaders into classrooms by recruiting and training top college graduates who commit to teach for two years in the public schools and become lifelong advocates of educational excellence and equity.

- An official transcript verifying an earned bachelor's degree (or higher) from a regionally accredited college or university or an institution with a teacher education program that has been approved by the SC Board of Ed for licensure purposes.
- Official verification of a passing score on the content area examination(s) adopted by the SC Board of Ed for the licensure area desired.
- Verification of candidacy by TFA.
- Verification from a SC public school district of an offer as a full-time teacher in the qualifying content area.
- Verification of successful completion of the SCDE–approved TFA pre-service training institute and the regional orientation to the schools in which the individual will be teaching.
- An Application for South Carolina Teacher Licensure.
- Electronic fingerprints. (Note: Results of the background check must meet the state's eligibility criteria for licensure.)
- The application fee for a South Carolina teaching license.
- Completion of the Darkness to Light Stewards of Children Child Abuse Prevention Training Program.

Go the website www.teachforamerica.org to get answers to questions about the program.

Teachers of Tomorrow (ToT)

Teachers of Tomorrow (ToT) was established to address the critical teaching shortages in South Carolina. It is a state approved program that helps individuals build the necessary teaching skills and strategies to feel confident in their own classroom. TOT certification requirements:

- Submit online Teachers of Tomorrow application
- Official sealed transcripts from al colleges attended
- Qualifying score on the required ETS Praxis Examination
- Complete the Fingerprinting Process

- Successful completion of ToT's Phase I: 90 hours of *Classroom Readiness Training*
- Verification of employment with a South Carolina public or charter district

Contact Patrick Young, Patrick.young@southcarolinateachers.org, 803-576-4375

Technology and Efficacy in Podcasts

Submitted by Sandra McManamon, VP Services

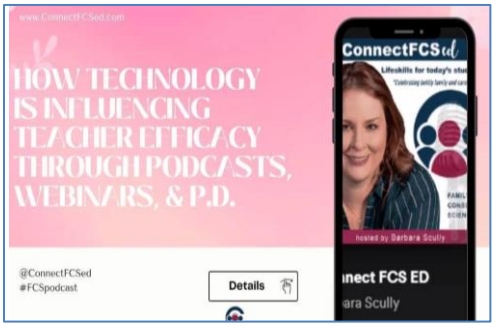
The session presented by Barbara Scully was attended by up to 40 people online. The topic addressed how technology is influencing teacher efficacy through podcasts, webinars and professional development.

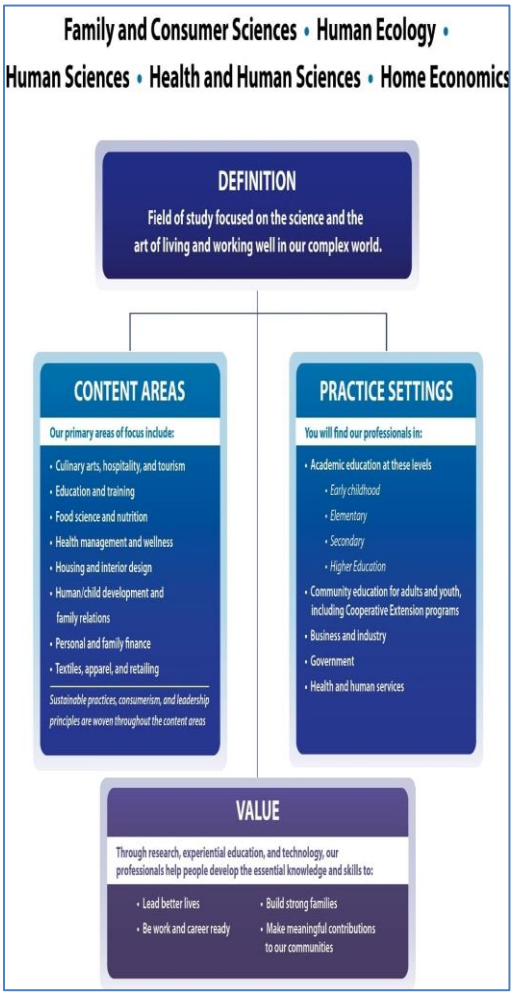
Barbara is a podcaster who presents about the issues of being a FCS teacher; she is active in her profession. Her podcast is updated several times a month, and she interviews speakers and those in our profession. She was an engaging speaker, and she encourages her listeners to be apart of the discussion by using our phones and QR codes. Podcasting is a great resource for those of us that are challenged with time constraints. I personally listen as I take nature walks; it is a way to stay current and be refreshed. Barbara recognizes that teacher recruitment is key to our future; she spends a great deal of time connecting teachers and providing resources.

During her talk she used "Mentimeter" which meaured responses where many who accessed info and indicated what was important to us as educators. She introduced Padlet to the audience, and showed how she uses it to assess comments and make it interactive. She talked about how the Pandemic changed her approach to lessons to now presenting them in more engaging ways. She uploaded video lessons and was able to see how many views they garnered. Using Edpuzzle, she had students watch videos in class, but then provided the puzzle to encourage thoughtful watching and comprehension.

Barbara was quite passionate about creating communities with her classes. Accessibility is important. Barbara printed materials as well as lessons on her classroom management system. She continues to provide ways for students to do their work, but admits there are a lot of moving parts. She embraces cell phones during instruction and uses them as part of lessons. She wants kids to be able to find what they are curious about. She has students make podcasts on units that provide info to their peers. Class time was spent on creating content, and then reflecting on the experience in a Google form identifying three take aways on what they learned. The info is easy to "consume" and forces the students to decide what is important.

Barbara Scully is a great advocate for our profession, and is easy to reach for ideas and for questions. Her contact info below in screen shot, and I have totally enjoyed getting to know her better through her podcasts and personal calls. I encourage you to try some of her ideas, connect to her wherever you listen to podcasts, make her part of your personalized Personal Learning Communities. Visit www.FCSed.net to access resources, information, and blogs.



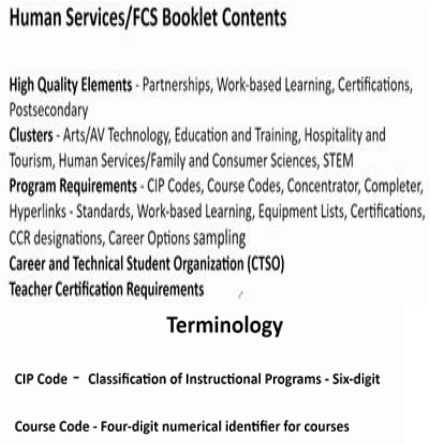


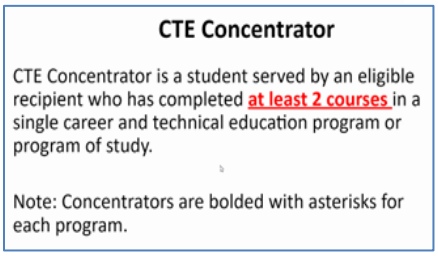
Human Services / FCS Updates

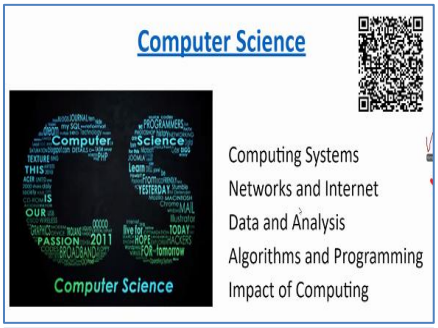
Presenter: Dr. Eleanor Glover Gladney
SC Dept. of Ed.
Topic: What's New in Human Services/FCS?
Submitted by Jean Pesce

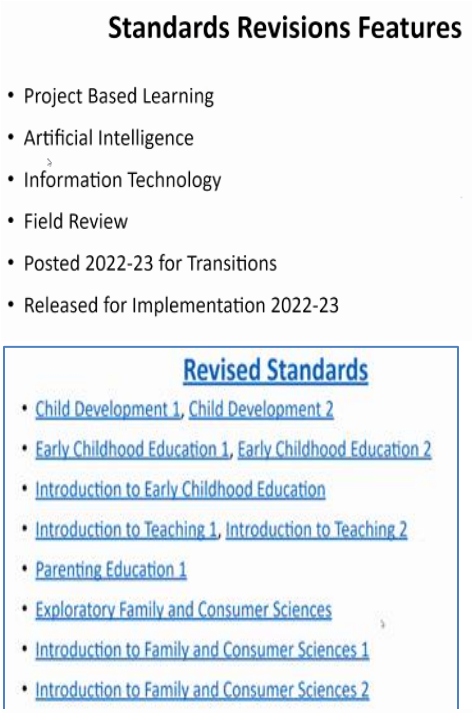
The speaker for the 2nd Educational Session was our FCS government representative. As Education Associate in the Office of Career and Technical Education at the South Carolina Department of Education, Dr. Eleanor Glover-Gladney manages the Program of Study for not only Family and Consumer Sciences but Human Services, as well. Among the many battles she wages on our state hill is one that provides financial and resource support, specifically for our conference. We are very grateful for the relevant professional development she helps secure for us through this conference and many other events.

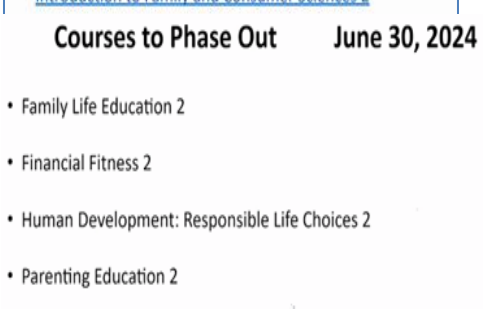
Dr. Glover-Gladney is a graduate of South Carolina State University, the University of South Carolina, and Capella University, and has spent 47 years in the trenches of education. With a son, daughter-in-law, and two grandsons, she begins every day giving praises to the Lord, considering it another opportunity for growth and renewal. We welcome Dr. Glover-Gladney and her invaluable, behind-the-scenes insight for planning our programs and careers. In her presentation, *What's New with Human Services/Family and Consumer Sciences?*, she updated us on recent developments at the state level that will directly impact our courses, programs, and future professional development needs.
Dr Eleanor Glover provided the QR Code and URL to access the informative booklet regarding FCS and Human Services courses on the SCDE site. Her presentation (with embedded links and QRs) is available at https://www.scafcs.org/conference-updates.html.



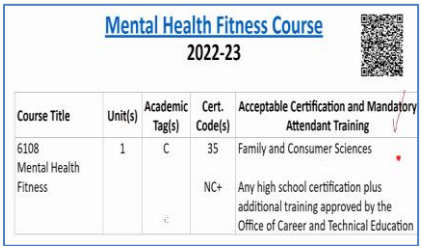








NOTE: Sports Nutrition 1 changed to Nutrition and Wellness



This course is for self-help, not counseling. Read more slides on her presentation on this and other changes/updates.

2022 Standards Development

Safety and Sanitation March 22-24, 2022

https://forms.office.com/r/SYkEBNFrWt

Safety and Sanitation Course 2022-23

Course Number and Title	Unit(s)	Academic Tag(s)	Cert. Code(s)	Acceptable Certification and Mandatory Attendant Training
5460 Safety and Sanitation	1	C	35+	Family and Consumer Sciences plus Safety and Sanitation Management or Instructor Certification
			AQ+	Culinary Arts plus Safety and Sanitation Management Instructor Certification

120501 Baking and Pastry CIP Coded Program 2022-23

Minimum of four credits required to be a completer

Required Courses/Concentrator Courses
Baking and Pastry
Advanced Baking and Pastry

Additional Course Options:

Accounting 1	Fundamentals of Web Page Design and Development
Culinary Arts 1	Introduction to Culinary Arts
Digital Workplace	Safety and Sanitation #
Entrepreneurship	Hospitality and Tourism Internship, work-based
Event and Entertainment Management	

New program with Advanced Baking & Pastry added.

American Culinary Federation (ACF) Accreditation

- ACF Virtual Self-Study Course
- Secondary Baking and Pastry and Culinary Arts Programs
- 9 weeks
- Additional opportunity for students to earn national certifications
- 60 Continuing Education Units earned for completing the course
- Hours earned through the self-study course can be used toward hours for teacher certifications
- Support provided for accreditation site visit

ACCREDITED

Family and Consumer Sciences, Hospitality and Tourism, Personal Services Listservs

- Virtual Professional Learning Community
- Statewide opportunity to have professional conversations and seek information
- Announcements for professional learning opportunities
- Updates from OCTE

Joining the PLC Via Listserv

Family and Consumer Sciences Listserv

Hospitality and Tourism Listserv

Personal Services Listserv

1. Put the name of the Listserv in the subject line
2. Ask to be added to one or more of the Listservs listed above
3. Send the e-mail to eglover@ed.sc.gov

Dr. Glover Gladney's final slides invite all FCS professionals to join the professional networking community provided through the FCS Listserv. This provides opportunities, support and news of developments in our field to be shared among us all.

Interior Design: Condo Activity

Presenter: Dr. Meirav Goldhour, Converse University
Topic: The Designer in You
Submitted by Melody Weatherford

Dr. Goldhour presented an interesting and interactive session on interior design. She began by discussing the interior design program at Converse University. Her students receive the opportunity to design projects for "real" clients in the local and non-local communities. Their past projects include collaboration with the Spartanburg Area of Mental Health, the Greenville Jewish Center, and a Brewery design in Las Vegas, Nevada.

Dr. Goldhour then discussed different design software programs to use with students. She talked about Sketch Up, Space Joy, Foyr Neo, Revit, and Endscape. They each have pros and cons which she explained from her experience. The use of these types of software lets students gain real world experience and present their projects professionally.

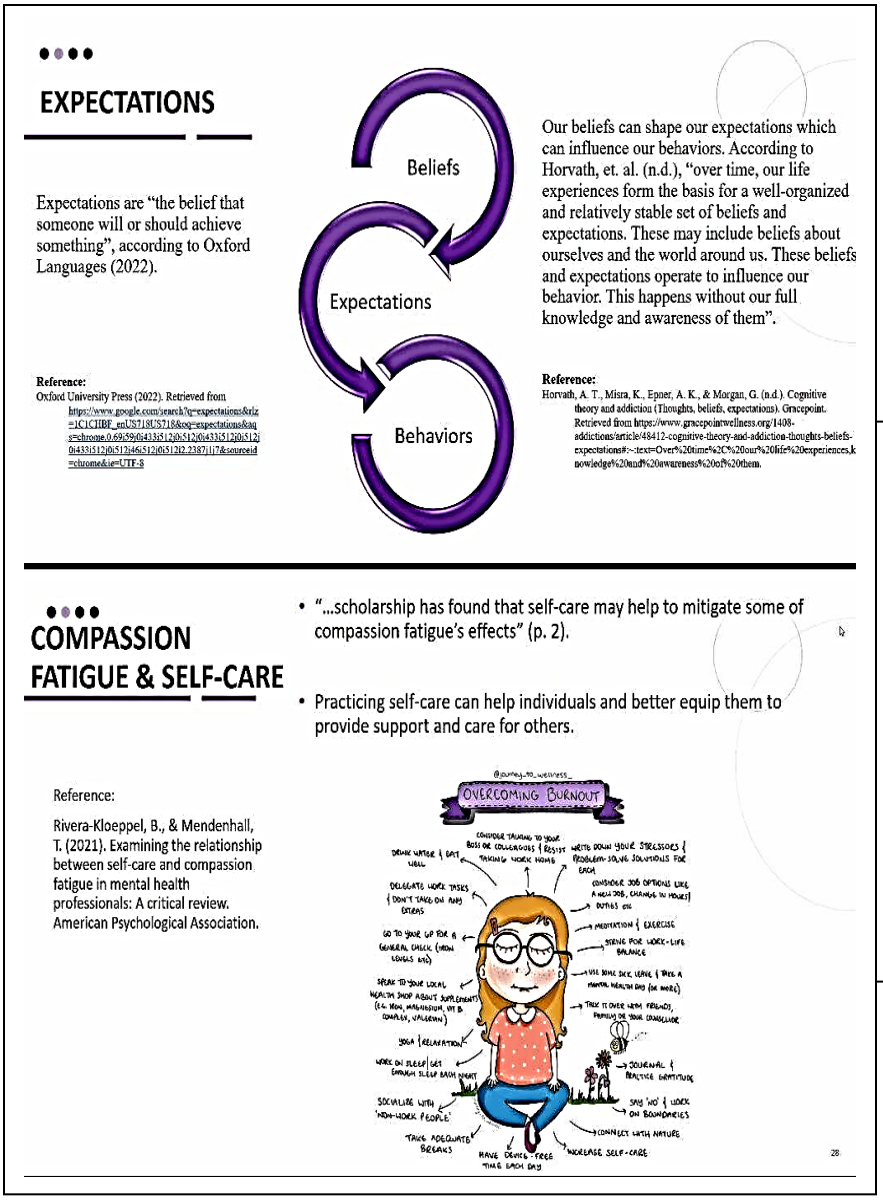
Dr. Goldhour then guided us through a condo design activity that she uses with her students. We first came up with our "client", including their approximate age, cultural background, and location. Then we each virtually designed the condo for our clients. We selected material finishes, furniture, flooring, accessories and plants for our client. Then we each shared our designs with the other participants, explaining our selections and receiving feedback from Dr. Goldhour. It was a very interesting and educational session.

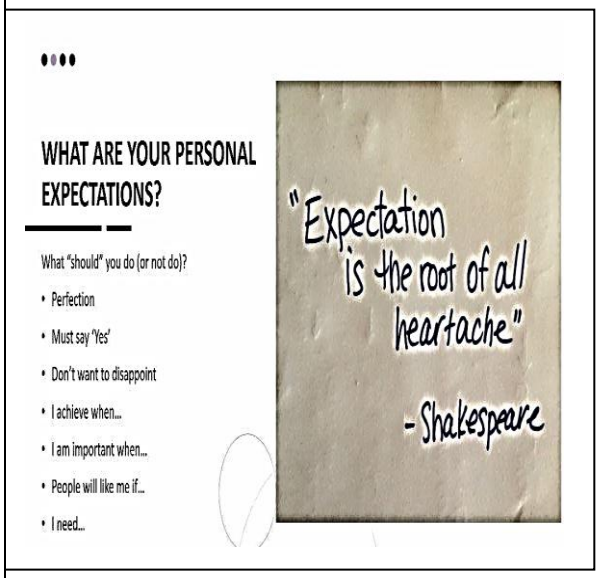
The PowerPoint containing the session options used are available at https://www.scafcs.org/conference-updates.html. (Handout pg. 13-14)

Conference Connections

A few slides from other presentations mentioned earlier include the following:
Mr. Cedric Wright from the SC Dept. of Consumer Affairs (pg. 4) go to https://consumer.sc.gov/ .

A few slides can be seen here from the presentation mentioned on the front page of this Newsletter.
Dr. Katrina Maxwell's presentation on self-care included these slides:





A full schedule of session presenters of the speakers and the speakers is given on page 15

South Carolina Association of Family and Consumer Sciences Financial Report

INCOME			
	Total Economy Checking Funds		$16,309.93
	Total Invested in CDs		$10,213.14
Total in Checking Account and Invested			**$26,5023.07**
Salley P. Musser Student Education Program Fund			**$ 1,779.44**
Helen A. Loftis Charitable TUW			**$245,675.22**

Respectfully submitted by Glenna C. Mason

Vice President for Finance / April 18, 2022

Who Should Attend?

The AAFCS Annual Conference is for anyone interested in family and consumer sciences and related topics whether you are a member or not! If you have an interest in people-centered sciences – this conference is for you!

FCS topics and professional development, research and showcases led by experts in the field are provided in the conference for professionals and students in education and training, food science and nutrition, health management and wellness, housing and interior design, human/child development and family relations, personal and family finance, textiles, apparel and retailing and culinary arts, hospitality and tourism. Attendance is **not** limited to current FCS professionals or students—if you find the subject matter valuable, we want to see you in Orlando! Input from people studying or working in all sorts of content areas and practice settings is what makes FCS such a valuable and important field.

What are strands?

In order to accommodate the many subjects and professional interest communities that are encompassed in Family and Consumer Sciences, it was determined to have various strands of focus.

The strands, or content strands, are the focus areas of the FCS professional development that will equip and empower FCS professionals and students. The four strands for this year's conference are:

- Effect Change: Leadership, Advocacy and Collaboration
- Effect Change: Diversity, Equity, and Inclusion
- Celebrate #FCSsuccess: Educational Tools, Trends, and Resources
- Celebrate #FCSsuccess: Research and Scholarship

Where are the AAFCS Conference Future locations?

2023: Hyatt Regency Baltimore, Baltimore, MD June 23rd-25th

2024: Hyatt Regency Minneapolis, Minneapolis, MN June 7th-9th

Virtual Pre-Recorded Sessions

For those who cannot attend the AAFCS National Conference in person, virtual sessions have been prerecorded in order to allow attendees the opportunity to update information and to obtain Professional Development Units (PDUs) or Continuous Educational Units (CEUs). One must register and will be sent access codes to enter the sessions. Virtual registration includes access to 3 days of prerecorded Educational Sessions, Research Poster Sessions and ATD Showcase entries. To view session offerings, visit https://higherlogicdownload.s3.amazonaws.com/AAFCS/f6521c6e-b252-44c9-abac-937baa5c6b83/UploadedImages/AC2022/Schedule/Ed_Sessions/Virtual_Educational_Sessions_updated.pdf

To register for actual or virtual attendance, go to: *https://www.aafcs.org/ac2022/register*

FCS Fast Talks at the Hub

AAFCS is hosting the FCS Fast Talks in Orlando!

What is FCS Fast Talk? They are a simply a short presentation, delivered on a small stage designed to provide educators with an opportunity to share ideas, innovative programs, and best practices that conference attendees can "take-home" and implement right away. Presenters will have 10 minutes to speak. These presentations will be in the **EXPO/Hub** area June 25-27. The FCS Fast Talks will take place on a small stage. A microphone will be provided. The spotlight will be on the presenter and presented content in an open area for a quick minute, or 10 without PowerPoint slides. The ten minutes includes the Q&A portion. This session is a live, in-person session, where attendees can feel free to drop in for take-aways and Q&As!

Where are the SCAFCS Conference Future Locations?

2023: Marriott Resort, Myrtle Beach, SC February 16th-17th

2024: Embassy Suites Greystone. Columbia SC TBA

September 6-10

IFHE Congress in the U.S. in Your Lifetime

IFHE? This is more than another acronym. It is a MUST know in Family and Consumer Sciences. IFHE is a partner of AAFCS. SCAFCS has been a member of this organization and worked with it for years under the guidance of former SCAFCS president and IFHE board member, Juanita Mendenhall. We worked, collected, and supported IFHE initiatives around the world. Recently work has been with the Disaster Assistance Program (DAP).

Every four years the International Federation for Home Economics (IFHE) hosts a World Congress. IFHE is the only worldwide organization focused on Home Economics. It is an International Non-Governmental Organization (INGO), having consultative status with the United Nations (ECOSOC, FAO, UNESCO). For more information, go to **www.ifhe.org**.

The theme of the IFHE 2022 World Congress is *Home Economics: Soaring Toward Sustainable Development*.

IFHE-US and Family and Consumer Sciences colleagues from across the United States are excited to be your host. Plans include a pre-Congress for educators, plenary speakers, research presentations, exhibits, opening and closing ceremonies, a welcome dinner, and a banquet. New at this Congress is the Learning Day on the Move, which incorporates educational and technical excursions in and around Atlanta, including the University of Georgia-Athens.

The Congress theme is *Soaring Toward Sustainable Development.* Consider all the ways you foster a global perspective as you prepare children, youth, families and communities for sustainable futures. Gather on an international stage to share expertise, explore ideas and network with colleagues from around the globe.

The in-person experience will include opening and closing cultural evenings, plenary sessions, workshops and symposiums, the EXPO (posters, textiles & design and exhibitors), Learning Day on the Move (educational tours), and nine concurrent sessions. There will be a Congress APP which will include the Congress schedule, 48 of the concurrent sessions and prerecorded presentations from authors unable to attend.

For working educators, there is a Virtual Educator's Pre Congress – *Globalizing the FCS Classroom and Integrating Sustainability Perspectives* **–** Saturday, August 27, featuring Donna Pendergast, Griffith University, Australia. This workshop is designed to inspire educators to incorporate globalization and sustainability in their courses and develop strategies to use as a platform for strengthening their programs and the profession.

If you cannot attend in-person, you can participate in most activities through the Congress APP. All registered attendees will have access to the APP until December 10, 2022. To learn more about the World Congress 2022, go to www.ifhe.org or contact the Congress Co-Chairs Bev Card (bmwcard@gmail.coml) or Janine Duncan (duncanjm@ksu.edu). Discounted registration is available for members and students; find IFHE-US Membership information at www.ifheus.org.

A document that answers many questions concerning the event is found at the following:

https://custom.cvent.com/FDCA1EFDA28249948F0EFD6DBE868561/files/4e45c5b2bfaa48608826968ad10be844.pdf

Congress Registration and Hotel Reservations Open until August 10, 2022

IFHE-US has partnered with Delta and United Airlines for travel to the XXIV World Congress

Delta Airlines – meeting code **NMVPN**

United Airlines – go to Special Meeting Site and enter code **ZM4V527410**. Offer is valid for travel between 09/01/2022-09/15/2022

Register now for the International Federation for Home Economics (IFHE) World Congress 2022 in Atlanta, Georgia, **September 6-10, 2022**. This Congress only occurs every four years, and has not been in the United States since 1988

Reflections from SCSU Student Attendees

The following reflections were submitted by several SCSU Students who attended the SCAFCS Virtual Conference in February, 2022.

I just want to start off by first thanking you Dr. Johnson and the rest of the board members for giving me the opportunity to attend the South Carolina Association of Family and Consumer Sciences 107th Annual Conference. I would also like to thank you all for letting me represent my Illustrious HBCU, South Carolina State University as well as the Family Consumer Sciences Department. What an exciting time for our profession as we continue to grow, adapt, and adjust to a new norm as we are making daily strides living with Coronavirus. This year's theme entitled "The Many Faces of FCS" reflected the numerous areas of specialization that truly make our profession unique. The presenters for this year's

conference went over and beyond in the related areas as follows: Health Management and Wellness, Education and Training, Technology, Interior Design Government and Public Policy, and Personal and Family Finance.

I loved everything about this conference because it gave me so much resourceful information and data which I can later use once I go out into my field of study. My favorite part of the conference was more toward the end when Ms. Kimberly Kelso went more in-depth of the South Carolina Alternative Certification Programs. The four South Carolina Alternative Certificate Programs were listed as follows: Program of Alternative Certification for Educators, American Board, Teach for America and Teach for Tomorrow. I love how there are alternatives to being a certified teacher. This is very important because teachers are something that we will always need and having different alternative routes to do something that you are passionate about is most definitely amazing. The conference most definitely gave me a better understanding of what it means to be an FCS Professional. It was amazing seeing how everyone worked together as one while being virtual. Everything was well put together and organized.

Cashmere Ball
FCS Business/Child Development Major, SC State University
FCS Reflection Paper

* *

I am so happy I was able to be a part of the SCAFCS 107th Annual Conference. The conference was not what I expected. Dr. Maxwell shared a discussion on self-care. Dr. Maxwell was very interesting and motivating and I felt as though she was speaking directly to me. Dr. Maxwell spoke of why self-care is important to one's mental health. I would like to listen to Dr. Maxwell's speaking part again.

The High school dual credit portion did not apply to me, but I did learn quite a bit. However, I would have loved to have had the opportunity to take the Baking and Pastry Course if I were a high school student. The new codes for Introduction to Teaching and Hospitality and Tourism Management were provided to members who teach at the high school level. We were also informed of a Teachers Culinary Course that is offered for teachers. Teachers can earn up to 60 hours.

I learned of funding for students who wish to teach. I learned about the specific qualifications for the following programs:

1. Teachers of Tomorrow
2. Teach for America
3. American Board Certification Areas
4. PACE

We also heard from presenters such as Mr. Cedric Wright from the SC Department of Consumer Affairs, Columbia SC, and Ms. Kimberly Kelso from the South Carolina Department of Education, Columbia SC. This conference will not be my last conference.

Octavian Sanders Miles
FCS Business/Multidisciplinary Major, SC State University

* *

The FCS conference was so amazing. Everyone was so kind and positive especially when speaking. The respect level was everything and it was so interactive. None of the sessions that I attended had people that sat and lectured the whole time. They wanted feedback and were so full of information when responding to various questions. They were also honest and weren't hesitant to give out their information in case we needed more feedback or help from them as well.

I really enjoyed some individual sessions as well. For example, the first day with Dr. Sanders was fun and very informational. I never knew how to make a website for my courses and even though I am still a little rusty and mine is still incomplete, it was still fun viewing his and others as well. My overall favorite had to be Mr. Ford's. When he came onto the camera to introduce himself, I just knew it was going to be very informative as well as funny. He was also very honest in telling us how important it is for us to vote and how important it is for more educators to run. He also gave us insight into new bills that are being voted on. As stated, before I really enjoyed my time at the Annual Conference, and I would like to thank those who sponsored me and the others.

Quinasha Owens
FCS Business/Multidisciplinary Major, SC State University

* *

As I reflect on the 107th SCAFCS conference, I have more knowledge on my major as well as other resources that are out there to help students like myself. At the opening of the conference, Dr. Katrina Maxwell really stood out to me. The way she spoke about self-care was almost therapeutic. I found myself a bit more relaxed after her words and was able to use some of the methods she suggested the next day and felt a lot better. There were many topics in the conference outside of the business perspective that helped me mentally and overall put me in a better mood as well as instilled more confidence in me.

One topic which was "Our beliefs can shape our expectations" stood out to me as well because as college students and professionals we tend to doubt ourselves when things are not always going as hoped. I was extremely impressed by the professionalism shown by all the speakers, and I was impressed with how quickly they adjusted even when dealing with technical difficulties.

The breakout rooms were very informative and gave us all a chance to speak and receive feedback. This is my first academic school year in Family and Consumer Sciences and this conference allowed me to see the diversity, versatility, and professionalism that this world inside of this major has to offer. This conference felt as effective as an orientation to the opportunities I look forward to in my career. I am extremely thankful for being able to participate in this conference and I am looking forward to attending the 108th SCAFCS conference in 2023.

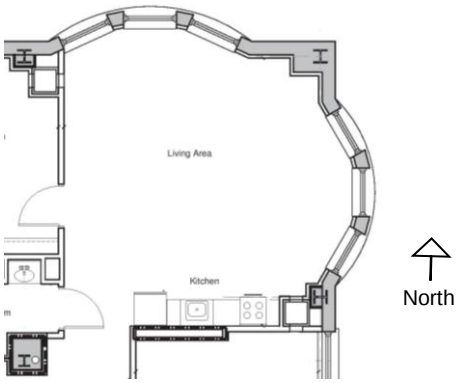
Marcus Williams
FCS Business/Multidisciplinary Major, SC State University

Condo Living Space project Spring 2022

Meirav Goldhour, Assistant Professor/Program Coordinator
Of Interior Design, Converse University.

Interior Design Aesthetics = Principles and Elements of Design Related to Interior Components.

Part of DES 282 Intro to Interior Design class, Taught at Converse university



Floor Plan

Condo Design:
Create an interior solution for a living space.

Scenario

- Two individuals have bought a 3rd floor, 1 bedroom, vacation condo with wonderful views.
- Your job is to provide a design solution for the **kitchen, dining,** and **living area** only!

Your design will need to include

- information about the people and your design concept
- organization of the furniture layout in the space
- Selections of materials for flooring, wall paint, window treatments, furnishings, kitchen cabinets, counter – each with color selections.
- Presentation Boards- you will copy the selection of materials, colors, and furniture while forming a materials selection board (third slide of your PPT provided).

First Step:
Programming - *Identify your clients* (not you, your parents, or your friends). You can be creative with the profiling-

1. Identify their personality and ages
2. Their cultural background
3. Their occupation
4. Where the condo is located
5. What they see out the windows- provide an image from the web.

Second step: *Furniture layout*

- Your grid paper under the floor plan represents 1' foot x1' foot dimension. Create a layout of the space using the furniture to the right side of your floor plan. Place them to the best of your understanding according to proportion.
- If you have a measuring tape, you can use it to determine comfortable distances in your area at home. Understand that the furniture provided to the right of the floor plan are symbols in the format shown on architectural and design floor plans. They do not present the actual type of furniture you select for your design - will be explained.

Third Step: *materials and furniture selection*

- Develop a color scheme that will match you concept (if your condo is near a beach, make sure the color scheme is appropriate.)
- Select pictures of furnishings from the PPT provided.
- Select materials form the PPT provided.
- Select décor (pillows, area rug, art work, etc.) from PPT provided.

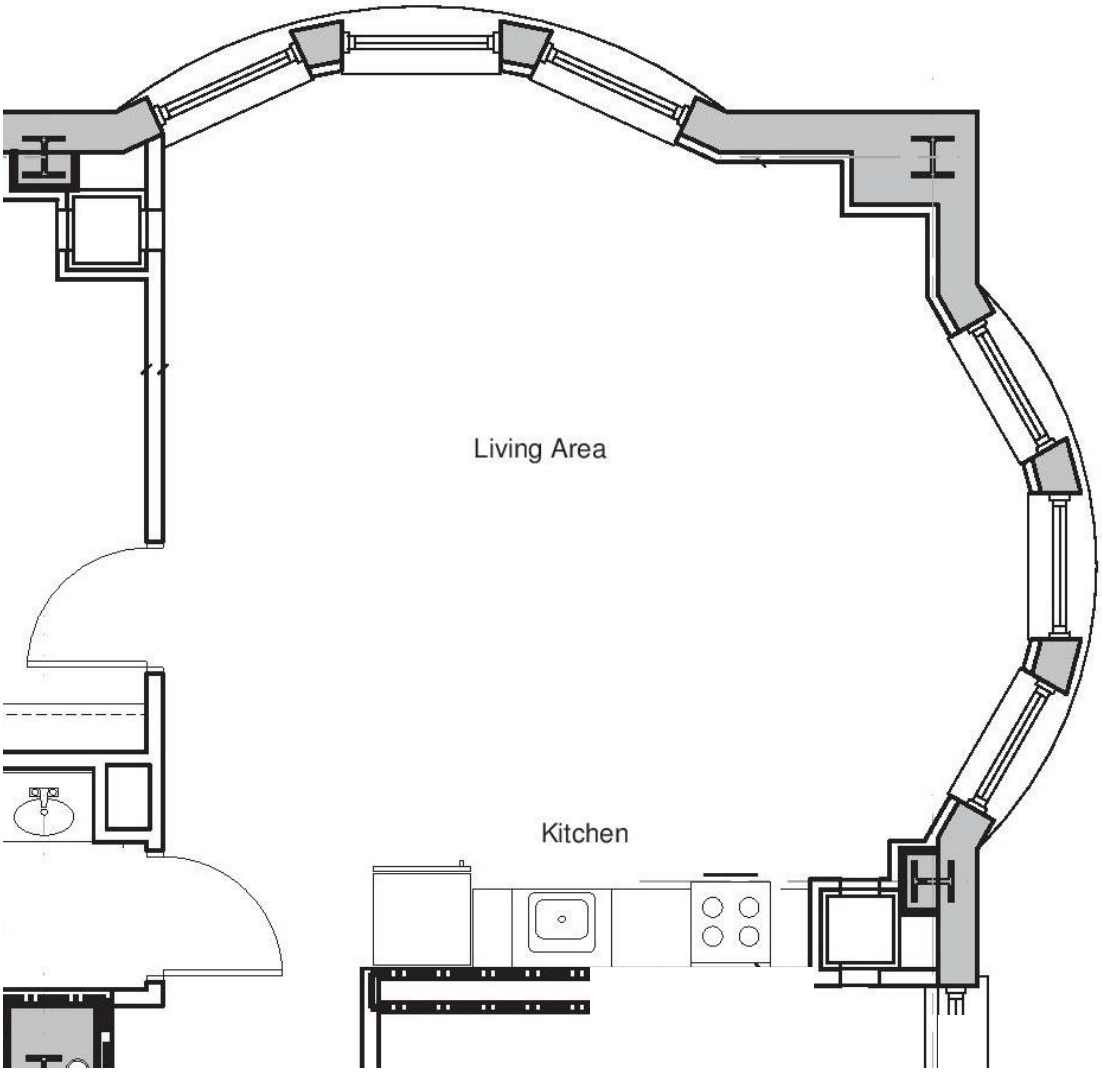
Go by this list:

kitchen cabinetry	sofa	Baseboard trim
kitchen countertop & color	lounge chair	area rug
dining table and chairs	Small side tables	one piece of art
Wall paint	Accent pillows	Sofa & chair fabric
Flooring	Window treatments	

Fourth step: *Materials board layout* (on your third PPT slide):

- After you have selected your finishes and furniture, copy your selections to your Materials boards slide, and organize the images in a collage form. Feel free to add labels or some text to your materials slide.

  This exercise supposed to be fun so… have fun!



Floor Plan ¼” = 1’-0”

SCAFCS 2022 Conference Speakers and Presenters

Speaker	**Presenter** (Introduction of Speaker & Submission of Newsletter/Website Articles, Photos, and Information)
Mr. Dominick Sanders Topic: Computing FaCtS!	Dr. Eleanor Glover-Gladney
Dr. Katrina Maxwell Topic: Prioritizing Self-Care	Ms. Sophia Brown
Dr. Eleanor Glover - Gladney Topic: What's New with Human Services/Family and Consumer Sciences?	Mrs. Jean Pesce
Ms. Barbara Scully Topic: Technology & Instruction; How Technology is Influencing Teacher Efficacy Through Podcasts, Webinars, and Professional Development	Mrs. Sandra McManamon
Dr. Meirav Goldhour Topic: The Designer in You!	Mrs. Melody Weatherford
Mr. Cedric Wright Topic: Get the Facts When You're Hacked!	Mrs. Glenna Mason
Ms. Kimberly Kelso Topic: Where There's a Will, There's a Way! The Path to Alternative Teaching Certification	Dr. Eleanor Glover-Gladney

AAFCS
AMERICAN ASSOCIATION OF
Family & Consumer Sciences
SOUTH CAROLINA AFFILIATE

CONNECTING PROFESSIONALS. TOUCHING LIVES.

SCAFCS Calendar of Events

June 25-27	AAFCS In-Person or Virtual Conference, Double Tree Hilton at Sea World, Orlando FL /https://www.aafcs.org/ac2022/home
June 25-27	Education Business Summit, Greenville Convention Center / https://ebsummit.info/schedule-at-a-glance
August 10	Check for the SCAFCS February Conference Registration info online at www.scafcs.org
August 10	Register for the IFHE Congress in Atlanta GA for In-Person or Virtual attendance / https://web.cvent.com/event/ec0dcde7- 3a47-494c-ba86-269439400fa3/summary
September 6-10	IFHE Congress in Atlanta GA /
November 1	Go to www.scafcs.org and read the November Newsletter, download and vote on Ballot, register online or send register for the February SCAFCS conference, 2023 in Myrtle Beach SC
November 5	In November, log in and make plans for FCS Day, Dine-in activities https://www.aafcs.org/fcsday/home
December 3	FCS Day . . . Dine In!
February 16-17, 2023	SCAFCS Conference scheduled to be held in Marriott Resort, Myrtle Beach SC/ More information in will be posted on the opening page of the www.scafcs.org website. The Nov. 1 Newsletter will post the final plans and forms.

South Carolina Affiliate FACS

The *SCAFCS Newsletter* is the monthly newsletter for members of the South Carolina Affiliate of the American Association of Family & Consumer Sciences (AAFCS). Photos and articles from and about members are welcome.

Editor
Anna Sumabat Turner

AAFCS is the only professional association that provides leadership and support to family and consumer sciences students and professionals from both multiple practice settings and content areas.